

APPLICATION QUESTIONS
Applying this message to everyday life

1. What does your current level of spiritual rest look like? What could you do to improve it?
2. If you have truly trusted Jesus with your eternity (your most valuable possession), are there any temporal things that you still cling to and have not trusted Christ with? How can you let go?
3. What is the main thing (application) that you can apply to your life because of this sermon?
4. Spend time together encouraging and praying for one another.

A Better Way
#591 – Enter God’s Rest
Hebrews 4:1-13

GateWay Bible Church
March 11, 2018
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Enter God’s Rest

Therefore, since the promise of entering his rest still stands, let us be careful that none of you be found to have fallen short of it.

Hebrews 4:1

They were not able to enter (His rest; Canaan), because of their _____ . Hebrews 3:19

By faith, we are to trust in Christ alone to receive the _____ God promises.

Three Types of Rest

1. _____ rest - all Christians will experience it.
2. _____ rest - rest from our efforts to earn God’s favor in order to enter heaven. (AKA _____ rest).
3. _____ rest - rest from striving in our flesh to find peace. (AKA _____ rest).

Progression of Rest

1. God _____ His work and rested.
2. The Israelites _____ to enter into their rest.
3. Many years later, God said that a rest was still _____.

The Word of God will keep you from _____, or _____ will keep you from the Word of God.

Enter God’s Rest

To the Christian – receive the peace _____ God

To the Curious – receive peace _____ God

GETTING-TO-KNOW-ME QUESTIONS

Sharing time to get your group started

A. What do you typically do to get physical rest? Are you more often tired or rested?

B. What are your sleep patterns like?

C. If you have an infant, or have raised an infant, how were they at sleeping through the night? How did you handle him/her?

LIFE GROUP HOMEWORK – DIGGING DEEPER

Jot down a brief answer to the following four questions

Quick Review

1. Reflecting on this week's sermon, is there any principle or insight that stands out as being particularly helpful, insightful or difficult to grasp?

2. What word in Hebrews 4:1-13 appears the most times? When studying scripture on your own what benefit is there to observing the most repeated words or phrases?

3. In Numbers 14:2-4 the Israelites said they wanted to die in the wilderness rather than enter Canaan. Share your thoughts on the power and tragedy of unbelief.

4. Share with your group your thoughts on 1 Corinthians 13:11-15. How do these verses relate to the concept of resting in Christ?